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COMPOSITIONS COMPRISING 2-HYDROXYCARBOXYLIC ACIDS AND RELATED COMPOUNDS,  
AND METHODS FOR ALLEVIATING SIGNS OF DERMATOLOGICAL AGING
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- (57) Claim

1. A method for alleviating signs of nail and hair changes associated with aging which method comprises applying to hair or nails a composition comprising one or more 2-hydroxycarboxylic acids or related compounds in a pharmaceutically acceptable vehicle for topical application to the nail or hair of humans or animals but excluding any dermatologic or cosmetic agent.